



Go Bag Preparation Checklist

Check monthly: meds, power bank, food, water. Replace batteries every 6 months. Update documents annually.

Two-person drill: one person reads the CALL column aloud, the other responds. Alternate roles each time.

Solo: read each call aloud, then answer it yourself.

Bag Ready

	ITEM	CHECK
	Bag 	☐ Available? YES ☐ Assigned? ONE PER PERSON ☐ Ready for use? BY DOOR — ZIPPED

Essential Items

	ITEM	CHECK
	Charger + Cable 	☐ Packed? YES <i>One per device type</i>
	Power Bank 	☐ Packed & charged? 10,000+ mAh <i>Check charge weekly</i>
	Medications 	☐ 7-day supply? PACKED <i>Rotate monthly</i>
	Torch	☐ Packed? YES + SPARE BATTERIES <i>Or hand-crank torch</i>
	N95 Masks	☐ Packed? ONE PER PERSON <i>Sealed in bag</i>
	Water Bottle	☐ Packed? 1L MIN PER PERSON
	Whistle	☐ Packed? YES <i>Audible from under debris</i>
	First Aid Kit	☐ Packed? YES <i>Bandages, antiseptic, pain relief, scissors</i>

Recommended Additions

	ITEM	CHECK
	AM/FM Radio	☐ Packed? YES <i>Battery or crank; write frequencies on it</i>
	Travel Router	☐ Packed? + ETHERNET <i>For shelter with wired internet</i>

	Plug Adapters	☐ Packed? <i>Shelter outlets are shared</i>	YES + SPLITTERS
	Cash (NIS)	☐ On hand? <i>ATMs may be down</i>	SMALL BILLS
	IDs & Passports	☐ Packed?	WATERPROOF POUCH
	Contact List	☐ Printed? <i>Phones die</i>	YES

Longer Stay Items (4+ Hours)

	ITEM	CHECK	
	Snacks	☐ Packed? <i>Energy bars, nuts, dried fruit, crackers</i>	YES
	Extra Water	☐ Packed?	3L / PERSON / DAY
	Change of Clothes	☐ Packed? <i>Including socks and underwear</i>	YES
	Sleep Kit	☐ Packed? <i>For sleeping in shared shelter</i>	EYE MASK + EARPLUGS
	Blanket	☐ Packed? <i>Aluminium blankets are compact</i>	EMERGENCY BIVVY