



Respiratory Protection

Dust from a ballistic impact can fill a shelter in seconds. An N95 weighs almost nothing — keep one per person in your go bag.

Note: These are personal recommendations based on experience, not official HFC minimums. Adjust to your own comfort level and circumstances.

Go Bag Recommendation — N95 Masks

What	N95 respirator mask (NIOSH-rated)
Quantity	One per person, sealed in ziplock bag
Why	Ballistic impacts fill shelters with concrete dust, glass particles, and debris. An N95 filters 95% of airborne particulates. Lightweight, flat, costs almost nothing.
Brands	3M 8210, 3M 9205+, or any NIOSH N95. Avoid KN95 knock-offs without certification.
Fit	Must seal around nose and chin. Pinch the nose clip. If glasses fog, it's not sealed.
Replace	After each use, or if the bag seal is broken. Check expiry date.
Children	Child-sized N95s exist (3M 1860S or Kimberly-Clark child size). Stock separately.

↑ Step Up — Half-Face Respirator

Note: This is a personal recommendation beyond official HFC guidance. Not required — for those who want enhanced protection.

What	Reusable half-face respirator with P100 cartridges
Why	Better seal and filtration than disposable N95. Reusable across events. Protects against fine dust, smoke, and chemical irritants.
Brands	3M 6200/7502 series, GVS Elipse P100, or equivalent NIOSH P100
Fit	Must be fit-tested. No facial hair under the seal. Comes in S/M/L.

Checklist — Respiratory Readiness

- ☐ N95 in Go Bag?
- ☐ N95 Expiry?

ONE PER PERSON, sealed
NOT EXPIRED

☐ **Fit Practised?**

☐ **Children's Masks?**

YES, under 15 seconds to don

SIZED and **PRACTISED**